## THE IPT BOOK WORM 3

Your friendly book worm continues to dig deep iin the non-fiction books searching for even more variety.

# Non-fiction spring crackers!

"Triathlon Training" for fitness fans - now the snow is in retreat.

"Guide to Investing" and "Auditing for Dummies"- get ready for CRA season

"How to Clean Everything" for spring-cleaning keeners

"Flora's Lexicon - the language of flowers," in anticipation of spring

## Non-fiction reads

"Living the Good Life: your guide to Health and Success" David Patchell-Evans, former Canadian rowing champion/CEO of GoodLife fitness empire, tells his business and personal story with advice for everyone, and balanced tips on exercise, diet and life.

In spite of the saying that behind every great man there is a greater woman....what do we know of those women? "Clementine, the life of Mrs Winston Churchill" sheds light on "the Churchills' vibrant and tumultuous private world." Winston claimed victory in WW2 would have been 'impossible without her.' Engrossing.

## New in fiction

"The Talisker Dead" by the Scottish writer, J.M. Dalgliesh.

No, it's not about that wonderful smoky Scottish beverage made at the Talisker distillery on the isle of Skye, but the book is set in that location. It's the third book in the new Misty Isle series by this well-known crime writer.

If you know Skye you will love the scenic descriptions, the appalling weather, the original characters. If you don't know Skye, it might tempt you to visit –

and then to keep going to the Western isles with their turquoise seas and spotless sands.

Sorry, the worm's roots are showing.

Teenagers go missing and a stabbed woman is discovered in Talisker Bay; family secrets begin to unravel; the scenery astounds the senses. You will be transported yet again to distant parts (last time was Istanbul) Waternish, Minginish, Trotternish, Raasay, Portree and Dunvegan (any MacLeods in IPT – you should go see the ancestral pile)

There is a glossary at the front of the book to help with Scottish names, people and places as well as phrases and slang.

Another addition – "*Under our Skin, a journey*" by Joaquim Arena – hot from the Westboro Bookstore International Book Club. The author, born in the Cape Verde islands, used as a staging location for slaves transported from Africa and Brazil to Portugal, writes of the history of the formerly uninhabited islands, and weaves accounts of historical figures, the lives of slaves in Portuguese society who rose to prominence and the aftermath of the colonial experience. Fascinating read.

### RECOMMENDATIONS NEEDED

The Book Worm continues to wriggle though many books – but it's a challenge to satisfy all the IPT tastes and appetites.

Is there a book, fiction or non-fiction, in the OPT library or that you are willing to donate, that you would recommend to other readers?

Would you please write a brief outline and explain why you recommend it??

# YES! They cried!!

Please send your recommendation to Kate for inclusion in BOOK CORNER no later than 1 April.

## **LOCAL BOOK CLUB**

A reminder - the wonderful new Westboro Books has introduced two book clubs - Canadian Literature and World Literature. Both meet once each month (on Sunday evening). The bonus is that in addition to discussion (in

person!) there is a group facilitator to ensure there are key questions to consider in advance. This keeps things lively. Contact the store or the BOOK WORM for details. The next meetings will be April 21 for WorldLit, and April 28 for CanLit.

The BOOK WORM attends World Lit if you want a buddy for company. The books for the April meetings are already in the store. Sign up at Westboro books, then buy the book – or borrow if you can find it in a public library. That is a long shot especially for the international literature, but you never know.